BIOL346 Molecular Neuroscience

Fall Semester 2003-2004 Shubhik K. DebBurman

FUNDAMENTALS

Library Reference Course Guide: http://www.lib.lfc.edu/resource/bio.html Class Hours:

Lecture: 8:00 am - 9:20 am T-Th Johnson 200 Laboratory: 12:00 pm- 3:50 pm Th Johnson 215

Instructor Office Hours:

 10 am-12 noon
 MWF
 Johnson 201

 1:00 - 4:00 pm
 W
 Johnson 201

Dropping in: If I am in the office and free of other duties, I'll be happy to meet with you.

If I am busy in office or in lab, please respect my non-availability and instead schedule an appointment.

Phone: 735-6040 (office), 615-2647 (home); avoid calling after 9 pm unless its an emergency

email: debburman@lfc.edu

Peer Teacher (Biology Department):

Nijee Sharma'04 (for Lab and Projects only) email: sharmn@lfc.edu phone: 847-699-3238

D'Anne Duncan'04 (for Projects only) *email*: duncads@lfc.edu *phone*:

Peer Writing Consultant (Writing Center): For all writing assignments.

Nijee Sharma'04 email: sharmn@lfc.edu phone: 847-699-3238

GOALS

Mastering Neurobiology Content

- 1. Understand how the nervous system regulates most bodily functions in higher organisms
- 2. Develop broad neurobiology understanding: focus on the molecular basis of behavior
- 3. Develop insight into neurobiology's clinical face: How dysfunctional neurons cause disease

Strengthening Scientific Process

- 4. Improve abilities to understand and communicate neuroscience research, orally and in writing
- 5. Improve abilities to think like a scientist and to engage in scientific practice
- 6. Improve abilities to collaborate with peers and also perform independent research
- 7. Improve understanding of the scientist's diverse roles in society

PHILOSOPHY

Welcome to BIOL346 Molecular Neuroscience (previously Biology of the Mind). You have elected a highly challenging, time-consuming writing and reading intensive, laboratory-based course targeted for upper level students (preferably seniors and highly motivated juniors). Studying neurobiology requires basic understanding of cell and molecular biology, physiology, evolution and genetics that is covered in BIOL210 (Organismal Biology), BIOL220 (Ecology and Evolution) and BIOL221 (Cell & Molecular Biology). Because of the high focus on writing, reading, communication, and library research, an academic maturity and self-motivation is desired that you as science juniors/seniors possess. I also hope psychology majors who have taken PSY370 (Neuroscience & Behavior) or will enroll in it this spring were naturally drawn to this course. Molecular Neuroscience is a very logical complement to your learning if you are interested about the biological basis of behavior.

The brain has often been proclaimed as biology's ultimate frontier. Understanding consciousness is surely one of the ultimate human holy grails. Today, the study of our nervous system (neuroscience) is at the very forefront of biomedical research witnessing extraordinary scientific advances in the 1990s (the so-called "Decade of the Brain"). Even ten years ago, only a handful of U.S. Universities had graduate programs in the neurosciences. Today, every major university boasts of such a program. In fact, an increasing number of undergraduate liberal arts colleges brag neuroscience majors or minors, With rapid technological advances and the blending of traditional disciplines, neuroscience has without doubt emerged as one of the leading research fields of the 21st century.

I use lectures and labs to provide you with a core understanding of neuroscience. A comprehensive discussion of nervous system function will involve topics that span from the cell and molecular biology of single neurons to the complex coordination of functions such as perception, language, affect, movement, homeostasis, and thought. Throughout the course, we will also pay particular attention to the biological basis of several devastating human neurological diseases that arise when nervous system function goes awry. Laboratory is integral to the neurobiology experience. However, since this is a relatively new course, lab modules will necessarily have to be phased in slowly over the next few years. In fact, I have just been awarded a National Science Foundation grant that will allow future BIO346 students to do sophisticated neuronal cell culture and neurotransmitter biology research experiments, starting Fall 2004. But, for this year, lab time will focus on in depth gross anatomy and histology of the nervous system using sheep and human brains as models. You will become very familiar with all parts of the mammalian brain and will learn to appreciate the intimate connection between anatomy, physiology, and behavior.

In addition to core neuroscience, I will focus heavily on exposing you to a variety of experiences that are designed to help you understand the true nature and scope of neurobiology. I will strive to help you capture the excitement of breakthrough neuroscience discoveries and cutting edge hypotheses by extensive use of primary literature in writing assignments, by reading multiple non-fiction scientific books, and by inviting one or two noted neuroscientists to campus. For the first time in this course, you will be able to choose from a diverse variety of projects. Some of you will hold a series of "Action Potential" journal clubs to explore red-hot exciting neurobiology papers published in Nature or Science journals this year. Some of you will also discuss and debate bioethical issues which neuroscientists constantly face, in our very own "NeuroEthics Hour". Some of the most devastating human illnesses afflict the nervous system. Apart from covering some diseases in lectures and conducting a workshop on it, you will read Richard Rhodes' celebrated Deadly Feasts on prion diseases, one of the most unusual enigmas of modern biology. To delve into the most unusual neurological disorders today, you will read Ramachandran and Blakelee's Phantoms in the Brain. To explore illness from the eye lens of family member and caregiver, rather than scientist or doctor, you will read Sue Miller's critically acclaimed The Story of My Father. Some of you will choose to carefully mentor FIYS106 Medical Mysteries students in beginning neurobiology projects, in helping organize a campus-wide Brain Awareness Week, and in taking on the role as BIO346 instructor and leading classroom discussions on complex brain functions of language, cognition, and emotions. Others will explore the cutting edge of research, by engaging in "grant writing" by proposing and defending an original hypothesis that you can test with a series of logical well-designed experiments. They will also organize and participate in NEUROFRONTIERS, the sixth annual neurobiology research workshop (and the third one to be held at Lake Forest College), where you will pretend to be a real-life world expert on a particular nervous system function or disease and give a seminar and write a review paper to be published in an in-house journal. You will have opportunities to hear about current research in the labs of several visiting scientists. Overall, I hope this class will get each of you thinking about what makes you human and you will be asked at the end of the semester to pen your thoughts on a more personal level on these central human issues.

In the words of past neuroscience students:

"One of the most important things that I learned was that the pursuit of scientific knowledge often has its roots in a genuine concern for humanity... Overall, I have learned an amazing amount of factual scientific knowledge, but I have learned even more about the benevolence of the human condition". – now in medical school

"Probably, the most useful course I've taken, and the most difficult. It is about teaching ideas and teaching us how to be effective scientists, as well as specifics. But, I think the ideas are the most important part." —now a research technician, planning to attend medical school

"Something unique happened to me in this class. At first, I couldn't believe the amount of work that had to be accomplished. I actually wasn't sure I could do it all. But the instructor's enthusiasm for biology and teaching seemed to transfer. Not just to me, but to others in the whole class. The "work" became less difficult and felt more like "independent learning". – now in law school

"I think the preparation for "real" science is great and realistic. The course and projects were all run with an enthusiasm for teaching that makes it worthwhile to go to college." —now doing PhD in neuroscience

"The part of the reason I decided to take neuro was he makes it different form the norm... he makes you really think and makes you work with your classmates". — now in medical school

"I loved this class! It was completely different from any other science class and I am taking not only knowledge but skills away with me. The workload was HUGE and at times overwhelming, but for some reason, it was OK. It was one of the few classes where the professor was pulling for the students, working with us, and not making a grade range. I worked only harder. I have never put this time, energy or heart into a class!" – now in healthcare industry

READINGS

- 1. BIO346 Lecture Packet. Pay Business Office, Give receipt to DebBurman, pick up packet
- 2. Neuroscience, by Purves, et al
- 3. Anatomy of the Human Brain, John Pinel.
- 4. **Deadly Feasts**, by Richard Rhodes.
- 5. Phantoms of the Brain, by Ramachandran & Blakelee
- 6. Story of My Father, by Sue Miller
- 7. Primary Paper Readings (Readings 1-10) available online via your forester BIO346 course page.
- 8. Several Textbooks and Brain Atlases will be placed in BIO346 DebBurman Informal Reserves.

PEER TEACHER

I am delighted that Nijee Sharma'04 will be your official peer teacher. D'Anne Duncan'04 has enthusiastically volunteered to be an unofficial peer teacher. Both, Nijee and D'Anne took this class last fall and excelled in all aspects of the course. They were outstanding collaborators in several group projects and helped their groups produce top quality work. As peer teacher, their roles are to help me get the best effort out of you and they may turn out to be the single most important factor to your success this semester. Nijee will be your peer guide in lab and projects and D'Anne will help you specifically in projects. Overall, Between the two of them, the specific tasks are:

- 1. Help me conduct neuroanatomy labs and design the mock practical exam (Nijee)
- 2. Conduct peer workshops for some experiential projects (Both)
- 3. Help me moderate the Deadly Feasts Discussion (Nijee)
- 4. Help with assessment of several projects (Both)
- 5. Organize and lead the NeuroFrontiers Workshop (Both)

NOTE: This is an advanced elective course. As students beyond BIO221, I expect you to master lecture content by engaging in either self-study or preferably group study. Unlike in BIO221, Nijee will not attend lectures; nor will she conduct weekly tutorials.

WRITING CONSULTANT

I am even more delighted that Nijee Sharma'04 will also be your peer Writing Consultant. Nijee will help you write these written assignments (note: not everyone will write all of them): 1) your science journalism article; 2) your original research proposal, 3) your Neurofrontiers review article, and 3) your final reflection essay. It is your responsibility to meet Nijee before each assignment is due and consult her on early and final drafts. She will summarize your consultations and inform me of your progress and efforts, which will form the basis of my awarding you consultation points.

For track I students, you may also go to Rachel Gratis'04 at the Writing Center for your Science Journalism paper, Rachel did this project for me in another course and understands the requirements and expectations.

GRADING & ASSESSMENT

I. ALL S	TUDENTS (50%)			
	A. Core Neuroscience			300
	i. Midterm Lab & Viva		125	
	ii. Midterm Lecture		125	
	iii. Final Reflection		50	
B. Popular Neuroscience			200	
	i. Phantoms in the Brain, Exploring Science	ce Writing	50	
	ii. Deadly Feasts, Exploring Medical Myst		50	
	iii. Story of My Father, Exploring the hum		50	
	iv. NeuroCinema, Exploring Hollywood &		50	
II. A CH	II. A CHOICE OF EXPERIENTIAL PROJECTS (45%)			
Track I: Ethics, Community Outreach, Peer & Public Education				
	A. NeuroEthics			75
	Evaluating Neuroscience Research Practic	es		
	B. Science Journalism			75
Role-playing a New York Times Science Reporter				
	C. Neuroscience & The Public, Art of C			150
Peer mentoring FIYS106 Students in organizing Brain Awareness campaign				
	Collaborative Leadership		75	
	Individual Contribution		75	
	D. Teaching of Neuroscience			150
	Exploring unique opportunity to engage in	ı instruction		
	Instruction Plan, Research, Material		75	
	Instruction Communication		75	
Or Track II: Integrating Research & Medicine				
A. Action Potential, The Neuroscience Journal Clubs				100
Role-Playing graduate students at a research university				
B. Probing Mysteries of the Mind, Art of Scientific Grantsmanship				150
	Role-Playing a beginning research investi			
	i. Written Research Proposal		75	
	ii. Oral NeuroDefense		75	
C. NEUROFRONTIERS, Exploring research careers & knowledge building				200
	Role-Playing the World's Leading Neuros			
	i. Journal Review Manuscript		75	
	ii. Workshop Seminar		75	
	iii. Lay Educational Poster for Brain Awar	reness Week	50	
III. YOUR PROCESS OF NEUROLEARNING (5%)				50
	i. Resource Use		20	
	ii. Collaborative Effort		20	
	iii. Intellectual Attitude		10	
		Total:		1000
IV. NEUROBONUS!! Attend the NeuroColloquium Series				
	i. Regina Stevens-Truss Talk	10 points		
	ii. Brain Awareness Week Talk	10 points		
	iii. Drug Discovery and Brain Cancer	10 points		
SCALE	A = 90% or more			
	B = 80-89%			
	C = 70-79%			
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I reserve the right to introduce a curve at my discretion, but in three years of past teaching I have rarely deviated from the above scale. Importantly, I expect junior and senior students to approach this class from a more altruistic mindset. Use this course as an opportunity to exercise your mind and to learn something new yourself and not get "hung up" on how well your learning relates to a letter grade.

EXPECTATIONS

Academic Honesty:

I have zero tolerance for abuses. Please consult your student handbook regarding academic honesty and the honor system by which you should conduct yourself.

Relevant URL: http://www.lfc.edu/template.cgi?activities/handbook/section-7.html#HONESTY

Attendance:

Philosophy: I will work hard to present to you the most up-to-date and complete information in neurobiology in a lucid and interesting manner. In return, I expect that you will regularly attend my lectures and actively participate in the classroom, lab, and assignments. Invariably, in each lecture, I will present material that textbooks and handouts may not cover. I will assume that you have read your assignments prior to class so that you can best engage in an informed classroom discussion and gain maximum benefit from my lectures. If you skip class, you will miss out both on valuable new information and possibly an interactive dialog.

Punctuality: My pet peeve is when students arrive late to class. Apart from being disruptive to my teaching efforts, it is also disrespectful of the class.

Absences: Unexcused absences from quizzes, exams, and labs will result in an appropriate loss in points. Health-related absences must be confirmed by student health services. Absences due to religious observations must also be made in advance. Family or other personal emergencies will require notification from the Dean of College's office. I will make every effort to reschedule a missed quiz/exam as a result of such excused absences.

Late Assignments: I strongly discourage of assignments being handed in late. AVOID THIS INDULGENCE. Each late day is a 25% deduction in points. No assignment will be accepted after the third day it is due.

Lastly, But Not In The Least:

While neurobiology is still a fairly new course, and therefore, still evolving, it has been tremendously successful at two liberal arts colleges, with a rich legacy of 61 graduates, the majority now pursuing successful post-graduate paths. I am delighted that you are taking this course. Because I am always experimenting with new ways of teaching science to advanced undergraduates, I will push you more than you expected. But, I expect that you will push me just as hard! If you encounter problems understanding the material, please do not hesitate to talk with me. My job here is *to help you learn*. Your feedback and participation in class is very important. I welcome suggestions from you regarding every aspect of the course throughout the semester. Of course, at the end of the semester, the college will require you to formally evaluate my performance. I will look forward very much to that because your comments will help me improve in my quest to be the best teacher I can be and to engage you in superior learning. Remember also that I am here to learn from you. I have often found my students to be my most important teachers. So, I hope this course will be a rewarding experience for all.

ASSIGNMENTS IN DETAIL

I. ASSIGNMENTS COMMON TO ALL STUDENTS (50%)

A. CORE NEUROSCIENCE (30%)

I. Lecture

I always provide lecture packets for every lecture. They will be the primary source of information that I will test you on. You will benefit from consult appropriate texts for detailed information on each topic. I consult numerous sources for each lecture. I do not follow any one textbook strictly. The prescribed textbook is the one I use most often. For the semester's duration, I have put on informal reserve several copies of the acknowledged bible of all neurobiology textbooks—<u>Principles of Neuroscience</u> by *Kandel et al.* This reference should serve well, if your textbook falls short on specific information. The other textbooks that I routinely consult have been placed as part of the Informal BIO346 Reserves in the Johnson 215 for this semester. You are encouraged to consult portions of these other texts.

II. Neuroanatomy Lab

Laboratory access will be available to you from 8 am-10 pm throughout weeks 3-8. Neuroanatomy simply cannot be mastered in 3-hour lab sections. True mastery requires considerable exposure to the brain and individualized self-learning over a period of time. I will guide your learning of neuroanatomy but I insist that you walk this path of discovery semi-independently, using the Brain Atlas and the following sheep brain dissection website: http://www.uofs.edu/sheep/. This process of mastery can often be laborious and initially frustrating, but when learnt & understood the rewards are more than worth it.

TESTING CONTENT VIA EXAMS

You will be evaluated via one midterm that will be administered during two weeks before and after the midsemester break (30%). As of now, I hope to have no final exam in this class, and I hope for it to be that way. But, if you miss more than one lecture after the midterm, you will be required to take a comprehensive final exam of 75 points instead of the handing in the 75 points final reflection essay. The midterm will have two parts. The first part (125 points) will cover neuroanatomy labs that run through weeks 3-7. The second part (125 points) will cover lecture materials from weeks 1-8. Material will cover lectures, textbooks, and any other assigned readings up to this point. Format will be a combination of objective and essay-type questions (just like BIO221 exams).

- •Old lecture and lab midterms will be available as downloadable PDF documents via the forester pipeline page and studying them will definitely help you succeed in exams.
- •Peer teacher will design mock practical exam a week before the real midterm. Prepare for this mock test seriously and you will improve your chances considerably for the midterms.

III. Reflection Essay

This option is available only if you maintain perfect attendance/miss one lecture after midterms.

Instead of taking a final exam, I encourage you to put your thoughts together at the end of the semester and reflect on your learning the past 15 weeks. Simply by submitting your essay, you will receive full 50 points. I do not read your essays until after your grades are submitted. I also insist that you not sign your name on this essay. I do this in order to allow you be completely free to write without worrying about your grade. You will receive your final essay question soon after your midterm exams are over. It will require you to draw from your experiences from all aspects of this course, the core neuroscience, the popular neuroscience, the practice of science, probing mysteries of the mind, and your workshop and critique the value of such experiences to your academic and personal growth.

B. SCIENCE IN PRACTICE (20%)

Textbooks are not the only sources of scientific "facts", "theories", and "hypotheses". Science is conveyed to the public via many other formats: popular magazines, essays, nonfiction books, biographies, autobiographies, TV, and the movies. In fact, the public seldom appreciates the undeniable excitement underlying scientific discoveries from textbooks. Some of our deepest thinkers today are scientists and they have led truly extraordinary lives; many are also great writers and storytellers. The three non-fiction books assigned in this course will hopefully engage you in discovering the true essence of great scientists, and physicians, and the effects on families and caregivers: exciting lives, personal sacrifices, remarkable discoveries, brilliant minds, difficult societal issues. The *Neurocinema* series will provide you opportunities to see award-winning popular films documenting the lives of remarkable individuals afflicted with tragic neurologies: Schizophrenia, Alzheimer's, Depression, and Parkinson's Disease.

1. DEADLY FEASTS, 50 points

Richard Rhodes wrote this extraordinary detective mystery of a book traces the history of one of the most biologically controversial, dogma-defying, tragic diseases of the 20th century: the prion diseases. It is compelling as much for its masterful account of the biomedical breakthroughs associated with the disease as it is for the human drama involving politics, egos, and the "name-of-the-game-is-fame" element that often pervades international science. These diseases are so unusual within biology that discoveries related to them have yielded two Nobel Prizes in the past 40 years. We will actively read and discuss this book during the week first day of class, during lab time. Your completed discussion sheet and active participation in class discussion is worth 50 points.

Discussion Moderator: Nijee Sharma

II. STORY OF MY FATHER, 50 points

Sue Miller, one of America's best-selling contemporary novelists, has once again won critical acclaim this year for publishing her latest book that captures her role as caregiver to her father's Alzheimer's condition. This vivid moving portrayal is sure to affect you and think of neurological conditions with new insight. You will write a 1000-word reflection essay that requires you to integrate this book with the movie *Iris* (see Neurocinema below), ideas on brain plasticity from your textbook, and your own personal experiences with neurologies (if any). You are encouraged to get draft read by Nijee Sharma at the Writing Center. But if you wish to keep this essay confidential, I will respect your need and you may directly give it to me.

III. PHANTOMS IN THE BRAIN, 50 points

My sense is that you will really enjoy this book-this masterpiece is regarded as one of the best-written books about the mysteries of our brain, by a master story-teller and one of the world's most respected neuroscientists. Your assignment is to take on the job of Science Book Critic write a 1000-word review of this book for the *Scientific American* magazine. This opportunity allows you to critique a review in a lay style (for educated non-scientist) and summarize what's refreshing, new, and important about this book. You are expected to consult *Scientific American* magazine for style of writing and encouraged to read samples of previously written reviews of other books in this magazine. But, you must completely avoid the temptation of consulting the web or print resources of previously written reviews of this same book. *Note*: I have a thorough library of past reviews found on the web and print resources on this book. You are encouraged to get draft read by either Rachel Gratis or Nijee Sharma at the Writing Center.

IV. NEUROCINEMA, 50 points

Neurological and psychiatric illnesses have proved rich human stories in global movie making. I am introducing a new course feature this semester to provide opportunities for neurobiology students to look at how human beings afflicted with these conditions are portrayed in Hollywood and elsewhere. Films will be shown on Tuesday evenings at 7 pm in the DebBurman Homestead (8 Campus Circle) on the following days:

IrisSeptember 2A Beautiful MindSeptember 16The HoursSeptember 23AwakeningsSeptember 30

To get full credit, you are required to see *Iris* by September 2 (either by renting it on your own or preferably at the DebBurman home). You must also see any two of the three films, and at least one of those films must be in the DebBurman home. You lose 20 points for not seeing Iris. You will lose an additional 30 points for seeing no more movies, and 15 points for seeing only one movie.

II.CHOICE OF EXPERIENTIAL PROJECTS (45%): Track I or Track II

A. TRACK I: Ethics, Outreach, Peer & Public Education

I. NEUROETHICS, The Discussion of Scientific Practice, 75 points

Neuroscientists are constantly faced with their own ethical dilemmas. Part of being a good scientist is being aware of such issues and knowing how to work with them. In this project, you have two roles.

First, each Track I student will serve as a peer leader for a group of 4-5 FIYS Medical Mysteries students. Each group will pick a topic from below. You will advice this group to prepare a one-hour class presentation during assigned lab hours that discusses the many issues that underlie your assigned problem, the choices a scientist faces, and steps to overcome the problem. Part of the group's presentation will also be to research real ethical problems that have been highlighted in science journals and the popular media in the last five years that resemble the problem you are discussing. The entire FIYS class should be involved in a 15-minute broader discussion of the same problem during or after the group's presentation. You should not play an active role during the presentation, instead you should seek to mentor them as an experienced peer behind the scenes and prepare them for this discussion.

Second, all Track I students will form one BIOL346 group and choose one topic from the topics that FIYS students did not pick and actively engage the BIOL346 in a discussion of this case study during BIOL346 class time. I will reserve 10 points for your group to provide me a written summary of your ethics discussion and all consulted materials.

Ethics Topics:

Promotional Pressures
To be a Consultant ... or Not
A Political Power Keg
Concerning Confidentiality
Sound Practices
Cotter's Quandary
A Subject for Discussion

Ethics Dates

Week 5 (FIYS106 Lab Time)
Week 6 (FIYS106 Lab Time)
Week 7 (BIOL346 Lab Time)
BIO346 Student will peer lead
Week 7 (BIOL346 Lab Time)
BIO346 Group Discussion

All scenarios have been adapted from cases described in Fundamental Neuroscience by Zigmond, Bloom, Landis, Roberts & Squire (1999, First edition, Academic Press).

•Please consult peer teacher and additional handouts on "Sample Discussion Grid" and "Ethics Grading Protocol" to facilitate success

II. SCIENCE JOURNALISM, Communicating Medical Advances to the Public, 75 points

In this project, each Track I student plays the role of a medical journalist assigned to convey an exciting new biomedical discovery recently published as a primary article for the readership of a popular publication like *The New* York Times. The underlying goal is to learn skills to communicate the biological relevance of a primary article in simple, written language. You will write about the same primary research paper used by track II for journal club, so they are already familiar with its content. Students submit a 1000-word paper written in jargon-free language that captures the paper's medical relevance, describing results simply without compromising scientific content, and discussing how it advances biomedical knowledge. Because I pre-select all articles for general relevance, students concentrate on getting to the heart of the science, without being hindered by technical details that are not absolutely necessary. You must include a figure depicting a biological model at the cellular level that highlights the new discovery being reported. However, unlike in actual popular science journalism, you are required to cite primary articles, review articles, books, or other sources within the text (between 7-10 references is typical). Although this is an individual assignment, you are encouraged to collaborate with Track II students doing a JC on this paper prior to writing the paper. I have placed Science Times Book of the Brain (Wade, 1998) on DebBurman reserves in J215 because it is an excellent collection of articles written by noted science journalists for The New York Times. Peer teachers and I grade this project jointly using a detailed grading sheet that evaluates papers on both scientific content and journalistic storytelling.

15 points are reserved for having a complete draft critiqued by Nijee Sharma or Rachel Gratis at the Writing Center during the recommended week and for incorporating her recommendations.

III. LFC BRAIN AWARENESS WEEK, The Art of Public Outreach & Service, 150 points

This is a brand new highly creative and collaborative project for BIO346. It is designed to provide you with an exciting opportunity to educate the LFC community about a neuroscience topic and to mentor freshmen as your collaborators. Pick one topic from among the following four areas of complex brain functions: **Learning & Memory, Emotions, Cognition**, and **Language**. This chosen topic will also be the same topic you will use for your final course project (see *Peer Education*). You will work with a group of 4-5 FIYS106 Medical Mysteries students (the same that your worked with for the ethics Project) to design, research and conduct a Brain Awareness Campaign educating the community on the biology underlying this topic on our campus on the week of November 10 (2003).

Your involvement in this campaign has two components:

A. Team Outreach, 75 points: You will be the Peer Advisor of your team and help your group implement this project. Your role is to motivate, organize, educate, counsel, help plan, and serve as both a role model and an academic and campus resource. Help students translate creative ideas into reality. Remember they are freshmen—they may not know all the resources of our campus. The actual format of how your group decides to conduct outreach is completely open-ended. I encourage you to be highly creative and have a really enjoyable time with this project. Make it personal to you—invest in it. Remember, *I love being surprised*!

The bottom line for the group's outreach plan:

- -educate the non-scientists about the topic in an interesting and effective way
- -reach a significant proportion of the campus community (middle campus, peak time)
- -combine visual with oral and written forms of communication with some hands-on exercise
- -include a physical display of some kind that can later be showcased in Johnson Science Building)
- -reflect the liberal arts (try and combine science with fine arts, theater, humanities, social sciences)
- -use multiple resources (books, internet, research) and must connect with brain anatomy

Must address:

why is this an important human behavior to study? what is the basic way our brain performs this activity? what are the current medical mysteries for this brain activity?

B. Individual Outreach, 75 points: Think of the group outreach as the general background for your plan of action for outreach. Your outreach should strive to provide answers and explain current research to the medical mysteries that your team highlights. Your primary source of information should be primary articles and review papers on this topic from the past five years in the top science journals. You should select to highlight between 3-5 articles that say something new and interesting and extend knowledge beyond what's known in the textbook. Once you read these articles, your job is to then to communicate each of them as an answer to a previously unknown question. For each paper, design a single figure or visual diagram that captures the main result. This diagram must be easy to explain to a non-scientist. Next, design a single poster that combines each of these 3-5 diagrams into one coherent presentation.

You should work with your FIYS106 team to connect your poster effectively with their outreach plan. Both the team and individual efforts must be presented together at the same time.

15 points each for individual and group efforts are reserved for showing your peer teacher these displays during the recommended time period and incorporating her suggestions.

IV. PEER EDUCATION, From Lesson Plan To Instruction, 150 points

A. Instruction Plan, Research, Materials, 75 points

B. Instruction Communication, 75 points

This is the course capstone experience for Track I students. It is designed to give you a first-hand experience in teaching undergraduates. In this case, your BIO346 peers. I will release the last four topics of this course (Learning & Memory, Emotions, Cognition, and Language) and the last four class periods to accommodate *up to* four Track I students for this project. Your task is to become the expert of one of these topics (this is the same topic you and your FIYS peer group chose for the *Community Outreach* project) and present a lecture on it to your classmates.

I completely accept that teaching by lecture may not be the best method for you, as there all kinds of ways to effectively teach. You should think hard about how you want to teach your classmates. For inspiration, think of the teachers at LFC whose styles you like most and try and adapt their methods to your plan. Think of what you don't like about what I do when I teach, and try other things! I always look for ways to improve my classroom style, and I would be happy to pick some pointers from you.

To create your lesson plan in a timely manner, follow the suggested schedule I have developed (see Project Schedule). Make sure to include in your lesson plan, the use of multiple sources (including multiple textbooks) and the use of multiple communication styles (for example: chalk and board, overheads, PowerPoint, group discussion, props, others). Also integrate into your lesson the 3-5 current discoveries (the same papers you highlighted for your community outreach project).

Make as many appointments with me as necessary, if you need my advice. I want you to succeed and feel confident. But, avoid last minute sessions. You must practice your class teaching presentation in front of your peer teachers at least two days before the presentation. This peer practice is all-important.

B. TRACK II: Integrating Research & Medicine (45%)

For the first two projects below, Track I students will form groups of 3-4 each. No more than 3 groups should form. The same group will remain for both projects. The last project is an individual assignment.

I. ACTION POTENTIAL, The Journal Clubs, 100 points

Role-Playing graduate students at a research university

New science is communicated in a variety of ways, all of which are clumped together as "primary literature". At first glance, reading such papers can be daunting and often discouraging, because they are highly technical and require extensive background information. A primary goal of this course is to help you overcome such initial barriers in reading primary papers. As you have already learnt from BIO221 or from other biology courses, a journal club is a presentation format in which primary literature is discussed with an informed audience in an exciting engaging informal manner. The class will be divided into groups of 3-4. You must select two papers in your topic from the suggested list of primary readings. Each group should meet with me on the requested weeks (depends on which JC topic you choose) to talk about your journal club papers. This meeting is to orient you with the papers and give you sufficient background information on your topic. This year we will focus our journal clubs on the following themes because some of most exciting new work has been in these three areas:

Week 3 (Lab time)
Week 4 (Lab time)
Week 5 (Lab time)
NeuroRegeneration
NeuroDegeneration

15 points are reserved for practicing journal club in front of peer teachers two days before presentation.

II. PROBING MYSTERIES OF THE MIND, The Art of Research Granstmanship, 150 points *Role-Playing a beginning research investigator*

I. ORIGINAL RESEARCH PROPOSAL

Research is central to scientific exploration and discovery. A research proposal is a formal presentation of ones' ideas for future research. Such proposals are founded on past and present research. Most successful proposals have the following qualities: an exciting original idea, an ability to create new fields or integrate existing fields, logical and exceptional communication of ideas, a plausible experimental plan, and a clear relevance to the human condition. Proposals are usually written to attract funding to sustain one's research; without funding, research is impossible.

In this project, you will work as groups of 2-3 students (form this group by Week 2). Your first task is to identify a topic that you wish to research on. I would pick a topic that really strikes your fancy and long-term interest. One possibility is to relate it to the field of the neuroscientist that you will be enacting in the disease workshop (see next section) or within the field of your journal club topic. The first thing to do is to propose a testable hypothesis and develop specific aims to answer the questions that can help test the hypothesis (due Week 3). You will then need to develop an extensive bibliography on the topic and on the methodologies that will be used in the experimental approach section. You will present a 2-page outline by Week 5. A draft follows on Week 7 (a draft means that you have given it your best shot at writing this proposal and now you need my criticism so that you can turn in a final highly polished version; it's a draft from my perspective, but really its your best attempt).

Your final proposal (due Week 10) should be 10 pages long single-spaced. It should contain the following sections: Summary, Hypothesis, Specific Aims, Background, Experimental Rationale/Methods, Expected Results, Biological Significance, Timeline, and References. Reference list should contain between 20-30 referenced papers. You will also be encouraged to provide figures of expected results. Ideally, an original proposal would be written individually. But, because of the limited time frame in which you have to accomplish this task and because this will be your first time writing a research proposal, it will be much more productive for you to attempt this in groups of three. Having said that, I expect members of each group to contribute fully and equally to each proposal.

25 points reserved for <u>two</u> consultations with writing consultant on proposal draft and final versions during the recommended weeks. Late consultations will not receive credit.

II. NEURODEFENSE

One week after you have submitted your proposal (Week 11), each group will present their proposal formally in front of peers and invited faculty in a public defense. You will use PowerPoint to deliver a 45-minute presentation followed by a 15 minute Q&A session. Your performance will be graded by your peers and by invited faculty. You are expected to "defend" your proposal and explain your rationale, technique, and expected results. You are also expected to come up with alternate experiments and provide the pros and cons of such strategies.

15 points are reserved for practicing in front of peer teachers at least two days before defense.

- •Follow the deadlines in the EXPERIENTIAL SCHEDULE attached to this syllabus
- •Use Sample Research Proposal, Sample Defense PowerPoint, and Grading Sheets to guide your success
- •Your peer teachers are your best resource for this project.

E. NEUROFRONTIERS, Exploring Research Careers & Knowledge Building, 200 points

Role-Playing the World's Leading Neuroscientists

I. NEUROFRONTIERS REVIEW MANUSCRIPT, 75 points II. NEUROFRONTIERS WORKSHOP SEMINAR, 75 points III. NEUROFRONTIERS OUTREACH, 50 points

This project is the "experiential" capstone for Track I students. The disease workshop (to be held on December 4th) is a "mock" scientific conference: a meeting of the minds representing the world's top experts in neurobiology and neurological diseases. Your job will be to role-play an assigned real life scientist at the cutting edge of his/her field. The assignments will be made the first week of class. To do this effectively, you will need to become very familiar with your assigned scientist's research and the broader context and impact in which his/her work is being performed. You will have to read, understand, and present many research articles from that scientist's lab and show us logically the art of hypothesis building and testing that made these scientists celebrated leaders in their field. You will also have to give the state-of the-art background on research done in your field by others.

- •All participants must create a lay poster that reaches the non-science public that highlights their career discoveries; this poster will be part of the Brain Awareness Week on campus (week of November 20).
- •All participants will pre-submit a 200-word research summary and a 4000-word journal review manuscript that will be published in a special publication, also entitled NEUROFRONTIERS.
- •At the NeuroFrontiers workshop, as the role-playing scientist, you will present your very exciting work in a 25-minute PowerPoint workshop seminar and answer questions about your work during a 5 minute Q&A session. This year's workshop will highlight five frontiers in neuroscience research:

Model Frontiers stress the importance of organisms and highlights the Nobel Prizes of 2000 and 2002;

Mental Frontiers featuring two of the most enigmatic psychiatric illnesses of our time;

Regeneration Frontiers capturing the promise and challenges of repairing brain damage;

Degeneration Frontiers highlighting advances in four brain and muscle degenerative diseases;

Prion Frontiers captures the past, present, and future of prions (a dogma-breaking concept in biology).

I have invited two neuroscience educators and experts on neurodegeneration to be our guests for this workshop. They will attend this workshop along with you and be active participants in your seminars and engage in discussions. Most importantly, they will also present research seminars of their work during the workshop. On December 4th, <u>you are required to attend all sessions</u> as well as the seminars of the two guest speakers who will participate in your workshop. The entire class is encouraged to host your speakers for lunch at the Commons and to attend a celebratory dinner at my home on December 4, 2003.

15 points reserved for consultation with your writing consultant on manuscript during recommended week. 15 points reserved for practicing in front of peer teachers or Dr. DebBurman two days before presentation.

- •Follow the deadlines in the PROJECT SCHEDULE attached to this syllabus.
- •Attached also is the schedule of scientist assignments.
- •Your peer teachers are your best resource for this project.

III. PROCESS OF NEUROLEARNING (5%)

How you learn is just as important as what you learn. You have been asked to master challenging projects in this course that requires you to develop abilities to work well each other and juggle several projects simultaneously. I have provided several teaching supports that should help you maximize your learning efficiently. If you demonstrate positive learning habits, good collaborative ability, and use the placed resources well, I will be happy to award you up to and all of 50 process points.

You have used resources effectively if you

Did not miss appointments with me and did not wait till the last minute to work on assignments and exams Consulted regularly with peer teachers when you needed advice or help

Attended peer teacher initiated research skills workshops

Used Writing Center for feedback on all papers

Attended mock practical exam in preparing for midterms

Practiced your talks in front of peers

You have collaborated well if you

Contribute equally to developing each project from beginning till end

Participate equally in writing papers and in presenting each talk

Mentored FIYS students responsibly and behaved as peer leaders freshmen could look up to (Track I)

Provided support for your group members if they needed it

Did not complain about each other and tried to solve conflicts by talking to each other

Maintained healthy collegiality and supported other groups by enthusiastic participation in their efforts

You have demonstrated positive intellectual attitude if you

Were attentive and participated actively in class and lab and pushed me to be even more effective

Were prepared ahead in readings and were not absent or late for class, labs, or meetings

Demonstrated curiosity and creativity in your assignments: stepped "out-of-the-box"

Showed personal initiative and leadership (plenty of scope to do so in this class)

IV. NEUROBONUS: Attend the Neurocolloquium Series

Last year, more than 25,000 neuroscientists attended the 32nd annual meeting of the Society for Neuroscience, making it the largest annual scientific meeting in the world! You can only imagine the breadth and depth of neurobiology research that this meeting represented. My wish is to provide you with a glimpse of this exciting state of affairs, so I initiated a new course-related event last year: Colloquium. In this year's Colloquia, three neurobiologists and one of the world's most highly regarded cancer biologists will specifically visit with us to chat with us about research in their labs.

You will receive up to 10 points for simply attending these additional lectures:

- 1. On October 9th, **Dr. Regina Stevens-Truss** (Assistant Professor of Chemistry, Kalamazoo College) will present a public seminar at Johnson 100 (Meyer Auditorium), where she will discuss her research (mostly done by undergraduates) on the biochemistry of nitric oxide synthase, an important neuronal enzyme. I encourage as many of you as possible to host Dr. Truss for lunch at the cafeteria that afternoon.
- 2. During Brain Awareness Week (November 10-14), time/date/place TBA, a well-known neuroscientist (also TBA) will present a keynote address to the campus community.
- 3. Dr. Ann Maine is going to invite an LFC alumnus, who works at Abbott Labs on a drug discovery research program, associated with treatment of glioma (Brain cancer). Date and time TBA.