

FORESTER Athletics



“ A T R A D I T I O N O F E X C E L L E N C E ”

Dear Forester Fan,

Thanks for joining me and my fellow FORESTER ATHLETICS 150 committee members in our walk down memory lane. As part of the College's 2007 SESQUICENTENNIAL celebration, we thought it would be fun to take a closer look at the long and storied history of athletics at Lake Forest College and share with you what we felt to be some of the most interesting facts, significant events, and defining moments. The end result is a compilation of 150 entries that we feel every fan of Forester athletics will enjoy reading.

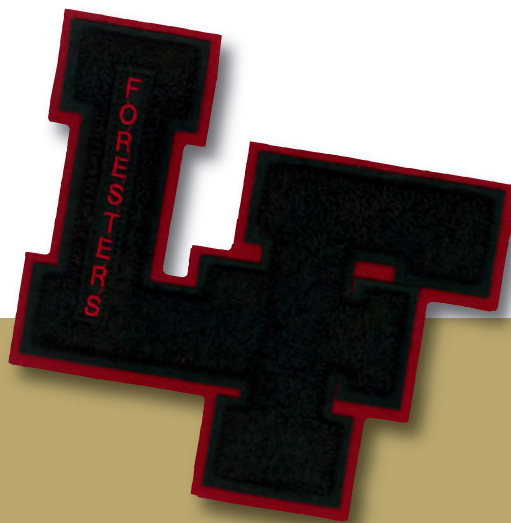
As athletic director at Lake Forest, one of the first things I did on campus was to hang a sign in the Sports Center that reads "A Tradition of Excellence". I did this because I believe strongly that in order to move forward, you have to appreciate and respect where you've been. Lake Forest is fortunately blessed with a tremendous athletic tradition and this project has given me, our committee, and now you, our reader, yet another glimpse of why we are all so proud to be part of Lake Forest College.

I would like to thank my colleagues on the FORESTER ATHLETICS 150 committee for their hard work in developing this publication and in particular, I'd like to recognize Mike Wajerski, the College's Sports Information Director, for his leadership of the project. Because of the rich and storied tradition I spoke of earlier, the committee found it difficult to limit our list to 150 entries. As a result, I acknowledge that we may very well have missed facts, events, and moments you deem noteworthy. We hope, however, that you'll still share those with us as we look to our next publication in 2057!

Warm regards,



Jackie Slaats
Athletic Director



FORESTER ATHLETICS 150 COMMITTEE

Jackie Slaats, Athletic Director and Head Women's Basketball Coach

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Karen Hermann, Associate Athletic Director

Mike Dau '58, Athletic Historian, Head Handball and Assistant Football Coach

Tony Fritz, Head Men's Ice Hockey Coach

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The Foresters Are Born

In 1948 the nickname "Foresters" was selected by students in a contest organized by The Stentor. Other nicknames used in the past included the "Gold Coasters," "Red Devils," and "Jaybirds."

Conference Championship Streak

Beginning with men's soccer sharing the conference championship in 1985, the Foresters have captured a league title in at least one sport each of the last 22 years. A dozen Lake Forest teams have been crowned a total of 47 times in that span, including a school record five in 2001-02.

Foresters to Badgers to Bucks

In addition to coaching men's basketball and tennis at Lake Forest, John Erickson also met his future wife Polly, a teacher in the College's physical education department, during his tenure here. John accepted the position of head men's basketball coach at the University of Wisconsin in 1959 and directed the Badgers for nine seasons. He then became the general manager of the newly-organized Milwaukee Bucks in 1968 and, after drafting Lew Alcindor (now Kareem Abdul-Jabbar) and trading for Oscar Robertson, the team captured the 1970-71 NBA Championship in just its third year of existence.

(Really) Long-Distance Swimmer

Diana Nyad '73 was arguably the greatest long-distance swimmer in the world from 1969-1979. In 1979, she stroked the longest swim in history, making the two-day, non-stop, 102.5 mile journey from the Island of Bimini (Bahamas) to Florida in a world record time that still stands today. She is a member of the Forester Athletic, National Women's, International Swimming, and International Women's Sports Halls of Fame. In the 1980's, Nyad embarked upon an illustrious career in television, radio, and print. She has served as a senior correspondent for Fox Sports News, hosted her own show on CNBC, and announced numerous sporting events for ABC Sports, including three Olympic Games.

GPA

In the last 10 years the Foresters' average team grade point average has rivaled the all-college GPA on a consistent basis. Student-athletes during the 2005-06 academic year set the record at 3.05. In addition, Lake Forest players have earned 467 academic all-conference honors in the last decade.

Recent Success

Since entering the 21st century, Lake Forest has claimed 19 conference championships, including at least one in nine different sports. Forester teams have combined to post a .576 overall winning percentage and .611 mark in conference play and their coaches have received 18 conference, three regional, and two national coach of the year awards. Athletes at the College have been named all-conference 352 times and earned 390 academic all-conference honors.

The Sports Center

Thanks in part to the efforts and influence of College Board Chair Elliott Donnelley, the Sports Center was constructed on South Campus in 1968. It has been the home of Forester basketball ever since and also hosts swimming & diving meets, volleyball matches, and handball tournaments. Batting cages are now located in what was the wrestling room and the Tiernan Trophy Room was originally used for gymnastics.

Handful of Goals

The school record for goals by a Forester in a single soccer game is five and was accomplished by three men and one woman. Robert Ayers '67 was the first to accomplish the feat in 1965 and fellow Forester Athletic Hall of Famer Bryan Porto '72 did it three years later. Charlie Peabody '77 matched the record in 1975 and Jessica Wiehrdt '98, in her first game after moving from sweeper to forward, scored five times in 1997.

Mr. President...You Missed a Spot

College President David Spadafora drove the Zamboni between periods at Lake Forest's first varsity women's hockey game (a 10-2 Forester victory over UW-Whitewater) on November 3, 2000. Women's ice hockey had been one of College's strongest club sports the previous 12 years.



College President David Spadafora (right)



Ernie Krueger '15

Major League Catcher

Ernie Krueger '15 played Major League Baseball for parts of eight seasons. He broke in with the Cleveland Naps in 1913, saw time with the New York Yankees, New York Giants, and Brooklyn Robins from 1915 to 1921, and finished up with the Cincinnati Reds in 1925.

Streakbusters

On November 28, 2000, the Forester men's basketball team ended the longest home winning streak in the country by routing the University of Chicago, the nation's fifth-ranked team, 85-67. Chicago went on to lose just two more games that year and finished the regular season ranked #1 in the country. The victory by the Foresters catapulted them into the D3hoops.com top 25 rankings for the first time in school history. The Foresters spent eight weeks ranked in the top 20 that season, reaching a high of #12.

"Fore" Score and 10 Years Ago

Rose Farwell Chatfield-Taylor, Class of 1890, was the first Chicago area woman to enter the first national women's golf championship in 1896 at Morristown, New Jersey. Her article, "Golf as a Game for Women," appeared in the Stevens Point Journal on October 19, 1907.

We Probably Won

Forester teams have posted a combined winning percentage above .500 in each of the last 12 academic years. That mark climbed above .600 in 1999-2000 and 2004-05.



Jason Bryn '90 (right)

Paralympian

Jason Bryn '90 is legally blind but his hereditary eye disease, retinitis pigmentosa, hasn't held him back. Despite progressive vision loss, the former Lake Forest basketball player began tandem cycling, in which the sighted "pilot" rides in front with the blind "stoker" in back. Riding at speeds faster than 30 miles per hour, he qualified for the U.S. Paralympic National Cycling Team and won five national titles along the way to the 2004 Athens Paralympics, where he and his pilot placed 7th, 10th, and 11th – 10th overall – in different races.

Five Straight Titles

The national runner-up finish of the Forester softball team in 2002 was just the beginning of the longest conference championship run in any Lake Forest sport in the history of the College. The team claimed five consecutive Midwest Conference titles from 2002 to 2006 while posting a 136-68-1 overall record and 49-16 mark in conference play during that time.

Quick Results

Steve Antrim was hired in 1975 to coach the Forester men's basketball and tennis programs. It only took a few months for that decision to pay off on the outdoor courts as the tennis team captured the Midwest Collegiate Athletic

Conference title the next spring and again in 1977 and 1978. Antrim left Lake Forest following the 1979 season.

A Brave Man

A loyal friend to Lake Forest College over the years, William C. Bartholomay has served as a member of our Board of Trustees (1960-75), director of the 1968 Alumni Fund Drive, and chair of the Board's Athletic Committee, for which he received an honorary degree from the College in 1998. To those outside the College community, he is known more for purchasing the Milwaukee Braves in 1962 and relocating them to Atlanta four years later. He has remained involved with the team since that purchase in different capacities, including Chairman and Chairman Emeritus.

Career Leaders – Men's Soccer

Bryan Porto '72 is the Forester men's soccer program's all-time leader with 61 goals and 142 points in his career. The record holder for assists is current women's soccer coach T.R. Bell '96 with 35 and Ben Murray '71 was credited with 409 saves in his career, the most in team history.

Football's First Conference Titles

Lake Forest and four other schools formed the Little Five Conference in 1911 and the College's football team swept the other three members of the league that sponsored the sport in 1912 and 1913. The Foresters' first title in a more modern conference setting came in 1952 when Wally Lemm led the team to a 3-0-1 College Conference of Illinois record and a shared championship with Millikin University.

If You Know Anything, Please Contact...

While the stories of its cause vary and include radical theories such as "weathermen" involvement, a 1969 fire in the North Gym (now Hotchkiss Hall) destroyed the interior of the building. A more likely explanation is that it resulted from a candle used in some late night studying but the actual cause is still unknown. The facility hosted many sporting events in its nearly 80 years as a gymnasium.

Career Leaders – Women's Soccer

With more than 50 points separating them from the rest of the program's players, women's soccer's Melissa Stevenson '06 (54 goals, 34 assists, 142 points) and Nicole Tarandy '91 (52 goals, 37 assists, 141 points) are easily the highest-scoring players in team history. Rachael LaFin '03 has an even greater lead (86) over second place with 420 career saves.

Undefeated (again) and conference champs

Unable to do any better than its 9-0 record from the year before, the 1983-84 women's swimming & diving team matched the feat with another undefeated season (8-0) and improved from runner-up to first place at the Midwest Athletic Conference for Women Championship Meet. It was the program's first title and occurred in Forester Athletic Hall of Famer John Leonard's final year directing the program.

Do a Mile in His Shoes

Luther (Lutie) Rossiter, Class of 1893, represented Lake Forest at an 1892 track meet at the University of Illinois. With a final burst of speed, he won the mile event with a time of 4:59 and ¼ minutes to beat the intercollegiate record. Rossiter also competed in the Chicago World's Fair games in September of 1893 for the Chicago Athletic Association and there, too, won the mile race.

We Like the New Format

In 1999 the Midwest Conference began using a four-team tournament to decide the women's tennis champion instead of adding up the points earned at each position during the singles and doubles tournaments. The Foresters avenged a narrow early season loss to Beloit with a 5-3 triumph in the championship match to claim the program's first MWC title since the league began sponsoring the sport in 1983. Lake Forest has also qualified for the event every season since.

"Mac" the Trainer

Mack Walton was honored for his 25th year as trainer at Lake Forest in 1935 and presented with a jacket and a "sum of money" by the alumni he tended to during the previous quarter-century. He claims to have picked up the knowledge he used as a trainer during his time as a professional football player in his home state of Tennessee. The sports section of the 1937 Forester yearbook was dedicated to his memory and 25 years of service, indicating that he died shortly thereafter.

Mack Walton (right)



Winningest Coaches in Each Sport

Sport	Wins	Coach (Years)
Women's Basketball	365	Jackie Slaats (1986-present)
Men's Hockey	334	Tony Fritz (1978-present)
Volleyball	243	Beth Pier (1994-present)
Men's Soccer	145	Tony Fritz (1978-93)
Softball	126	Diane Kanney (1997-03)
Men's Basketball	122	Chris Conger (1996-present)
Women's Soccer	101	T.R. Bell '96 (1997-present)
Women's Tennis	87	'Cille Ramsey (1979-95)
Football	80	Mike Dau '58 (1966-91)
Men's Tennis	52	Chris Kane (2003-present)
Women's Hockey	30	Susie Bellizzi (2001-05)

Worst to First

After finishing last in the Midwest Conference in 1998-99, the Forester men's basketball team was picked by league coaches to move up just one spot to ninth the next season. Instead, the team posted a perfect 16-0 conference record to claim the program's first outright MWC title. Chris Conger, who would eventually become Lake Forest's all-time leader in victories, was an easy choice for MWC Coach of the Year.



2002 Homecoming Victory

First Affinity Reunion Brings Good Luck

In 2002, a Homecoming tradition was started that honored Foresters from years past. In the first "Affinity Reunion," the 1952, 1957, and 1983 conference championship football teams were recognized at halftime of what turned out to be a thrilling 20-18 victory over Ripon College. A 17-0 triumph at previously unbeaten St. Norbert College to close out the regular season clinched a share of another conference championship as well as the program's first-ever appearance in the NCAA Playoffs.

Another Way to Measure a Team's Success

Cornelius Betten, the captain of the 1900 baseball team, was later the Dean of Faculty at Cornell University. The team's manager, W.M. Lewis, became the head surgeon at Johns Hopkins Hospital in Baltimore and the founding editor of the periodical *Annals of Surgery*.

A True Example of Teamwork

Teamwork took on an entirely new meaning in September 1997. In order to meet the Homecoming deadline for the unveiling of the College Athletic Hall of Fame and Tiernan Trophy Room renovations, Forester staffers worked countless hours after the building closed each night to complete such tasks as hanging plaques and photos, painting doors and stairwells, and arranging the new furniture. The renovation project was made possible due to the generous donations of the Maiman and Tiernan families.

Golf Comes to Lake Forest

One of the oldest golf clubs in the Midwest, the Onwentsia Club, was started in 1895. Lake Forest College mathematics professor Malcolm Mc'Neill, "Little Mac" to his students, was one of the club's founding members. The game could actually be played on campus in the 1930s on the College's own 7-hole course.

Back-to-Back-to-Back Titles

The Forester volleyball team dominated the Midwest Conference from 1999 to 2001, posting a 65-29 overall record and 16-1 league mark while claiming three straight titles. Sarah Frantz '01 was named MWC Player of the Year in 1999 and 2000, Stephanie Reinboldt '02 earned the award in 2001, and Beth Pier was named MWC Coach of the Year all three seasons. Lake Forest advanced to the NCAA Tournament each of the three years and reached the second round in 1999.

Former Leagues

Lake Forest was a founding member of two conferences. The College and four other schools formed the Little Five Conference in January of 1911. The league crowned champions in football, basketball, baseball, track, and tennis during more than a decade of existence. Lake Forest was also a charter member of the College Conference of Illinois in 1946 and remained in the league until 1963.

Nice Turn of the Century

Lake Forest's women's basketball team posted a 121-26 overall record and 82-11 mark in Midwest Conference play from 1997-2003. The Foresters claimed three consecutive league titles from 2000-02 and advanced to the NCAA Tournament each of those seasons.

Game, Set, Match, Championship

The women's tennis program became the College's first women's sport to claim a championship when it placed first at the 1979 Associated Colleges of the Midwest Tournament. Head coach 'Cille Ramsey led that year's squad to a perfect 8-0 dual match record and is still the program's all-time leader with 87 career victories.

The Ralph Shively Men's and Women's All-Sport Trophies

Each year the Midwest Conference presents the Ralph Shively Trophy to the school in the league that finishes first in either the men's or women's all-sport standings. Points are awarded based on placing in each of the

league's 10 sports, with the champion earning 10 points and the 10th-place team one. Shively, the conference's commissioner from 1982 until 2004, was a member of the Lake Forest College faculty from 1965-87. He helped the Foresters gain entry into the conference in 1974 and was the faculty representative to the College for the league until taking over as commissioner.

Career Leaders – Men's Tennis

The top four men's tennis players on the program's list of all-time singles victories were all part of the same graduating class with Shane Bell '01 at the top with 57. Bell is also the leader in total victories with an even 100 and led in doubles until Sebastian Bienia '06 finished five years later with 45.

Have Your People Call My People

As the 2006-07 handball players prepared for the 2007 National Intercollegiate Handball Championships in Los Angeles, they were hoping for their 15 minutes of fame in addition to their national championships. An article about the handball program in the New York Times (February 14, 2007) garnered interest from the Ellen DeGeneres show. According to one of her producers, DeGeneres showed interest in having some players come to the show and instruct her on how to play handball. Audition tapes were sent prior to the teams' departure to the tournament and as of this publications production, we're still waiting by the phones.



Mike Dau '58

39 Years, 30 Titles, One Coach

Mike Dau '58 started the Forester handball program in 1968 and has directed his teams to 30 United States Handball Association national titles. Among Lake Forest's 13 men's, 11 combined, and six women's championships are six of each in the last 10 years. The team swept all three titles in 2001 and 2005.



Simon Kotylar '99 (in uniform)

Do you Want Fries with That?

On October 31, 1998, Simon Kotylar '99 received a \$10,000 Burger King College Football Scholarship for the College's general scholarship fund. The scholarship program recognized athletes who stand out among their peers. Burger King donated \$1 million to 100 general scholarship funds nationwide in the names of these scholar-athletes who, like Kotylar, are chosen from schools representing each of the four college football divisions.

Perfect Regular Season

After winning its final five games the previous season, the 1975 Forester men's soccer team continued to roll over the opposition. Lake Forest was 4-0 in the Midwest Collegiate Athletic Conference's North Division and defeated Knox College 6-1 to repeat as league champions. The squad won each of its 11 regular season games by a combined score of 60-8 before falling 2-1 in overtime to host MacMurray College in the first round of the NCAA Tournament.

Lending a helping hand

Forester Athletics has spearheaded many community service efforts on campus and beyond. Annual events include Misericordia candy sales, MWC Special Olympic Skills

Day, Coaches vs. Cancer, Walter and Connie Payton Foundation Toy Drive, and the Libertyville Township food drive. In 2007 the department participated in Relay for Life and was responsible for a large portion of the nearly \$33K raised on campus.

If I Could Be Like Mike

Security was top-notch one day in the spring of 1993 when "His Airness," Michael Jordan, walked the Sports Center hallways and graced the hardwood with his presence. Gatorade selected the College as the site of one of Michael's 20 commercial shoots.

School Records – Cross Country

Dan Hankosky '07 posted the fastest 8-kilometer time (26:16) in team history at the NCAA Regional Meet on November 13, 2004. Less than a year later, classmate Katie Snowden '07 completed the course at the Midwest Conference Championship Meet in 18:57 for the program's fastest 5K.

Hat Trick of Hat Tricks

If scoring three goals in a hockey game is a hat trick, what do you call three consecutive hat tricks? Robyn Slater '03 accomplished that feat in November of 2001 when she scored three and four goals in two games against Hamline University and three more the following weekend at UW-Superior.

Russo Delivers the Mailman

In 1979, former Forester basketball captain Andy Russo '70 was named head men's basketball coach at Division I Louisiana Tech University, where he coached Karl "The Mailman" Malone. A two-time NBA MVP, Malone was named one of the "50 Greatest NBA Players" of all time. In 1986, after Malone and Russo led Louisiana Tech to two straight NCAA Tournament berths, Russo was named head coach at the University of Washington and in his first year guided the Huskies to the NCAA Tourney as well.

From Football to Futbol

With the Chicago Bears vacating Halas Hall in the spring of 1997, there was plenty of room at Lake Forest College for Chicago's newest professional sports team, the Chicago Fire. From their inaugural season in 1998 until 2007, the Chicago Fire used Halas Hall and Farwell Field as their practice facility. The Fire captured the MLS Cup and the US Cup in their rookie season becoming only the second team in Major League Soccer history to win "The Double."

Best in the Country

In 2003-04 Forester men's hockey goaltender Joel Cameron '05 recorded a .944 save percentage to lead NCAA Division III. Four years earlier Bryan Bertola '02 led the nation with a .527 three-point field goal percentage in men's basketball as did Alison Grubbs '01 in women's basketball with a .479 percentage in 1999-2000. Three other women's basketball players posted the highest free throw percentage in the country – Dawn Smith '98 in 1997 (.872), Anne Bennett Rhodus '93 in 1991 (.902), and Jill Morrison Hirsch '91 in 1990 (.878).

The Big Screen

Lake Forest College athletic facilities have been seen by millions of people at the movie theater. Most of the 1980 Academy Award winner "Ordinary People" was filmed at Lake Forest High School but the swimming pool scenes took place in the Sports Center. The majority of the 1983 movie "Class" was filmed on campus. The characters played by Rob Lowe and Andrew McCarthy shared a dorm room and Alumni Memorial Fieldhouse appears in the film. Forester Hockey Coach Tony Fritz served as the stunt coordinator and Dan Moriarty '83, who later hosted the hockey show "Cool Shots" on ESPN, had a line in the movie.

Come Hell or High Water

The 1991 Forester men's soccer team would not be denied a conference title despite their home field being completely submerged under water in the league title game. Greg Boltz '93 headed in the winning goal in the fourth overtime against South Division rival Grinnell College.

All Hail the King(man)

Steve Kingman '72 registered a school record 247 yards receiving and three touchdown catches in a loss at Kalamazoo College on September 26, 1970. Kingman later scored a touchdown for the Cincinnati Bengals in a preseason game against the Chicago Bears and spent five years in the NFL on three different teams.

Movie Star

Before becoming a Hollywood star from the 1940s through the 1970s, Richard Widmark '36 was certainly a BMOC. He lettered four years in football and was awarded the title of Grand Master of the Iron Key, elected president of the Garrick Players and chosen as president of the Senior Class.



Richard Widmark '36

Longest Winning Streaks by Sport

Sport	Wins	Year(s)
Women's Tennis	21	1974-77
Women's Basketball	18	2006-07
Men's Soccer	16	1974-75
Men's Tennis	15	2000
Men's Basketball	14	1914-16
Men's Hockey	14	1977-78
Volleyball	14	2003
Softball	12	1986
Women's Soccer	11	1996
Football	9	1937-39
Women's Hockey	7	2005-06

Career Leaders – Men's Hockey

Three-time All-American Mike Stusick '76 is the Forester men's hockey team's all-time leading scorer with 107 goals and 201 points in his career. John Handrahan '79, a freshman during Stusick's senior season, holds the career record for assists with 102 and finished his career with 192 points. Joel Cameron '05 owns the marks for goaltenders with 1,933 saves and a .919 save percentage.

Wasylik Award

Nicholas J. Wasylik came to Lake Forest in 1958 and was the Athletic Director for 14 years. He also coached the football and baseball teams and served as an assistant professor of Russian. The men's ice hockey and soccer programs were started and construction of the Sports Center and conversion of Alumni Memorial Fieldhouse to a hockey rink occurred during his tenure. The College now bestows the Wasylik Senior Athletic Award on the outgoing senior who best emulates his positive and outgoing attitude.



Nick Wasylik

Live on the Internet

When the 2002 Forester softball team clinched the right to host the Midwest Conference Championship Tournament, the Athletic Department purchased software that enabled game statistics and play-by-play to be published live on the College's Web site. The same software was later used for home basketball and football games. The College's radio station, 88.9 WMXM, broadcasted nearly all Forester men's hockey games live on the Internet the last four seasons and football games the last three. Now, in accordance with the MWC's agreement with media technology firm Penn Atlantic, live video of all league football, volleyball, and basketball contests can be seen via the Web site www.midwestconference.tv.

We've Come a Long Way

Women's sports in the 1930s and 1940s were a pioneer effort, as recalled by one women's coach from the period. She scrounged gear from the men's program. First Athletic Director Ralph Jones would say "no way," and then 30 minutes later come by with a donation. The women's locker room was a section boarded off from the men's, with a peephole, which allegedly survived into the early 1960s.

"The Say Hey Kid"

In 1969 Forester catcher Larry Niwa '72 led the National Association of Intercollegiate Athletics in batting average and traveled with head coach Mike Dau '58 to a banquet in Washington, D.C. to receive his award. The guest speaker at the event was Willie Mays.

New Academic Schedule

In February of 1997, the faculty at the College approved a new academic schedule. No classes were to be held between 4:00 and 7:00 in the evening, thereby creating a time dedicated to co-curricular activities.

All-American Tennis Player

After spending two years as a forward on the field hockey team, Forester Athletic Hall of Famer Rachel Steele '83 switched to tennis and reached the national tournament each of her two seasons. She became the first and only All-American player in team history as a senior.

Farwell Field

Thanks to a land donation from Senator Charles B. Farwell, who also funded the College's gymnasium 13 years earlier, Farwell Field was opened in 1903 for Lake Forest's football and baseball teams. It has been home to Forester football ever since and the team has an all-time record of 216-174-20 on the field.

Career Leaders – Women's Basketball

Jill Morrison '91 is the women's basketball program's all-time leading scorer with 1,883 points in her career. Eileen Horaitis '95 pulled down a school record 666 career rebounds and Priscilla Posick '90 dished out 372 assists, the most in team history.

Peter Taylor Award

The Peter G. Taylor Award was established as a fond tribute by his family, friends and former teammates. It is awarded annually to the men's hockey player, selected by his teammates, whose outstanding talent, leadership and love for the game best exemplify the qualities of the player for whom it is named. Taylor, a member of the Forester Athletic Hall of Fame, was an All-American player at the College and graduated in 1973 as the team's all-time leader with 136 career points.

Freshman 50

Freshman men's basketball player Eric McDonald '05 shot 20-for-22 from the field and scored a school record 50 points in the Foresters' 140-135 overtime victory at Grinnell College on December 8, 2001.

Sportswriter Extraordinaire

Bob Verdi '67 served as the director of sports information and public address announcer at the College while a student and later became one of the most widely read and respected sports journalists in America. Verdi started out as a headline writer for the Chicago Tribune Metro section, was assigned as Official Reporter of the Chicago Blackhawks in 1973, and became a regular on the baseball beat two years later. He has won numerous honors as a journalist, including eight Illinois Sportswriter of the Year Awards. He has also written for Hockey Digest, The Sporting News, and Golf Magazine, published a collection of his columns entitled The Bob Verdi Collection, and authored the biography of former Chicago Bear quarterback Jim McMahon.

International Success

A kicker turned running back on the Forester football team in the late 1990s, David Fee '99 also joined the College's club rugby team. Even after having a portion of his ear torn off during a match, Fee continued playing the sport after college and went on to become one of the most successful players in USA Rugby history. He is the second all-time leading try scorer in U.S. National Team history and has played in every major rugby tournament all over the world.

David Fee '99



First Swimming Title

Bill Jenkins '79 and Pat Waters '80 each won a pair of individual events at the 1978 Midwest Collegiate Athletic Conference Championship Meet. They were also joined by Jim Shannon '80 and Curtis Baugh '78 on two championship relay teams as Ramsey Van Horn directed the Foresters to their first of seven conference titles under four different coaches.

The "Father of Lake Forest Hockey"

Although Andy Sweet also coached tennis, cross country, and track at the College, his contributions as hockey coach are most significant. Although he had never played the sport before starting to coach it in 1964, he led the team into varsity status the next season. He also oversaw the squad's move indoors to the converted Alumni Memorial Fieldhouse in 1970 and achieved a career record of 90-69-1 in eight seasons

Where did it go?

In the 1960's the Forester hockey team played outdoors at the Winter Club and the weather affected games in various ways. It was not entirely uncommon in extremely cold weather for the puck to break into pieces when it hit the boards on a slap shot wide of the goal. In addition, on snowy nights, the puck would occasionally get lost under the freshly fallen snow and a new one would have to be used, leading to several pucks being on the ice at once late in games.



Maggie Rezac '08

Phys Ed

Until the 1970s, a physical education course was required for a Lake Forest College student to be eligible for graduation. Available courses through the years included basketball, ice skating, weightlifting, handball, dance, bowling, swimming, squash, paddleball, gymnastics, riding (at Onwentsia Club) and various other activities. Some of the courses were still offered as non-credit classes after the requirement was dropped.

Go Cubs Go!

Chicago Cubs fans are familiar with "Go Cubs Go," the song played after victories at Wrigley Field. What they may not know is that the song's writer, legendary American Folk singer/song writer Steve Goodman, was at one time a Lake Forest College student. Goodman was diagnosed with leukemia in 1969, close to the time of his withdrawal from the College. He lost his battle with the disease in 1984 after a successful music career.

Oldest Current Sport

Lake Forest began playing football in 1882 with a pair of games against Northwestern University. The squad started playing again in 1888 and has fielded a team in all but six seasons since. The 1900 campaign was canceled after the death of a player in the opening game, 1918 and 1943-45 were missed due to war, and a shortage of players nixed 1971.



Alison Grubbs '01 (left) and Jackie Slaats

The Josten's Trophy

In 2001, Alison Grubbs '01 received the Josten's Trophy, awarded annually to one male and one female NCAA Division III basketball player in the nation. Nominees are reviewed and winners are selected based on their basketball ability, academic performance, and extra-curricular and/or civic activities. Grubbs was the three-time Midwest Conference Player of the Year and an NCAA Post-Graduate Scholarship winner.

The Beginning of a Dynasty

Lake Forest joined the Midwest Collegiate Athletic Conference in 1974 and the Forester men's soccer team claimed the first of 14 league titles that fall. The squad captured three in a row twice (1974-76, 1979-81), went back-to-back three times (1985-86, 1991-92, 1995-96), and added titles in 1983 and 2001. Members of all 14 championship teams were invited back to campus for the 2005 Affinity Reunion.

Home Court Advantage

After playing most of their matches off campus in the late 1990s and early 2000s due to a large crack that found its way through all four courts, the Forester tennis programs benefited from a generous donation from Russell & Christina Fisher. Construction of new courts, including a prominent Forester/Lake Forest College logo, was completed in the summer of 2002 and the Forester men's and women's teams have compiled a combined 50-18 record at home since.

Career Leaders - Women's Hockey

Women's ice hockey, the College's youngest sport (2000), could see a new career leader in goals, assists, and points this winter as Courtney DeHoe '08 stands just five points, 10 goals, and four assists shy of the current marks. Robyn Slater '03 finished her three-year career with a school record 50 goals and 78 points and Lil Caligiuri '06 holds the record for assists with 37. Theresa

Women's Swimming & Diving

50-Freestyle	24.67	Jie Li '02
100-Freestyle	54.15	Jie Li '02
200-Freestyle	1:57.37	Nancy Dryden '87
500-Freestyle	5:07.45	Nancy Dryden '87
1000-Freestyle	10:41.82	Ann Marie Guglielmi
1650-Freestyle	17:44.32	Ann Marie Guglielmi
100-Backstroke	56.73	Jie Li '02
200-Backstroke	2:05.38	Tobi Limke '97
100-Breaststroke	1:07.43	Kim Makar '98
200-Breaststroke	2:23.99	Chelsea Bueter '07
100-Butterfly	58.71	Nancy Dryden '87
200-Butterfly	2:10.43	Nancy Dryden '87
200-IM	2:10.01	Chelsea Bueter '07
400-IM	4:34.55	Tobi Limke '97
1M Diving (6 dives)	285.35	Kendall Swett
1M Diving (11 dives)	493.80	Maggie Rezac '08
3M Diving (6 dives)	297.95	Maggie Rezac '08
3M Diving (11 dives)	512.60	Kendall Swett

Men's Swimming & Diving

50-Freestyle	20.49	Daniel Tarkowski '95
100-Freestyle	44.9	Daniel Tarkowski '95
200-Freestyle	1:42.00	Daniel Tarkowski '95
500-Freestyle	4:40.69	Michael Ojdana '08
1000-Freestyle	9:52.75	Michael Ojdana '08
1650-Freestyle	16:18.24	Michael Ojdana '08
100-Backstroke	51.93	Robert Edgell '00
200-Backstroke	1:52.17	Robert Edgell '00
100-Breaststroke	59.05	Ray Baker '94
200-Breaststroke	2:09.55	Ryan Hayden '99
100-Butterfly	51.26	Robert Edgell '00
200-Butterfly	1:54.7	Robert Edgell '00
200-IM	1:54.06	Robert Edgell '00
400-IM	4:10.18	Robert Edgell '00
1M Diving (6 dives)	271.00	Guy Stehley '80
1M Diving (11 dives)	409.50	Guy Stehley '80
3M Diving (6 dives)	286.20	Guy Stehley '80
3M Diving (11 dives)	487.40	Guy Stehley '80

Taylor '04 tallied 2,457 saves in her career while Sally Bevis '07 posted the highest save percentage at .917.

Fire and Ice

Alumni Memorial Field house nearly burned to the ground on a Friday in January of 1992 when a roofer's torch actually started a fire inside the building. While his team was practicing, junior varsity hockey, Coach Pete Ginnegar noticed smoke rising up the west side of the building and called the fire department. According to the chief, the flames were just 10 minutes away from spreading across the roof and taking the whole place down. The varsity team played the next night with tarps covering that wall.

To Honor Our Past

The Forester Athletic Hall of Fame was established by the College's Alumni Letterman's Club in 1974 and 14 individuals were inducted that year. A plaque for each inductee was displayed in back hallway of the Sports Center in 1997 in conjunction with the dedication of the adjacent Tiernan Trophy Room. There are now more than 200 Hall of Fame members and a new class is honored at Homecoming each year.

Boomer the Bear

The Lake Forest College mascot has taken a number of different shapes and forms. The earliest varsity mascot was a bulldog named Sir Bartemus, Bart, F.R.S. in the late 1800s. Jim Forester, a lumberjack with axe in hand, was introduced in the 1950s and lasted until the early 80s. In 1995, a student vote resulted in the black bear being chosen as the new Forester symbol. After numerous suggestions, the mascot was named "Boomer" in 2005 by the Athletic Department and Athletic Council.

Boomer and the Forester Fanatics



Livestrong & Cycle

A two-year letter winner on the Lake Forest hockey team, Robbie Ventura '94 showed his talent for cycling by winning a national collegiate championship on the track in 1993. During his 12 years as a professional he won more than 70 races and placed as high as fifth in the track world championships. He raced with several top teams and spent his final four years as a U.S. Postal teammate of Lance Armstrong.



1977 - 78 NCAA Division II Runner-Up Ice Hockey Team

Hall of Fame Team

The 1977-78 hockey team started the season with 14 straight victories – still the school record – and later won three NCAA Tournament contests before falling in the national championship game. The squad's 23-5 record that season is easily the best in program history and, 25 years later, the entire squad became the first team to be inducted into the Forester Athletic Hall of Fame. Head coach Charles Morrison had already entered the Hall posthumously in 1998 and two others from that team have also been inducted as individuals.

Tennis Courts

Lake Forest's tennis courts were located on Middle Campus (directly behind what is now Young Hall) until the construction of the Sports Center and adjacent courts in 1968. It was part of the College's efforts to move all athletic facilities to South Campus.

It's a Small World After All

Lake Forest College athletes over the years have hailed from each of the 50 states and several foreign countries. Quick research and recollection produced the following (admittedly incomplete) list of nations represented by Foresters past and present: Belgium, Brazil, Bulgaria, Canada, China,

Denmark, England, France, Germany, India, Ireland, Italy, Jamaica, Japan, Nigeria, Russia, South Africa, Spain, Sweden, and Venezuela.

Storybook Season

The 2002 Forester softball team claimed the program's first conference championship in 14 years, but that was only the start of the story. The squad also won three straight games at the NCAA Regional Tournament to advance to the eight-team double-elimination

National Finals in Eau Claire, Wisconsin. Lake Forest followed up an opening round loss to Emory with five consecutive victories, two on walk-off home runs, before falling 1-0 to Ithaca in the NCAA Championship Game. Numerous school records were set during the 34-12 season and Head Coach Diane Kanney and her assistants were named National Coaching Staff of the Year.

Loyal Local Following

Jack Klingbeil first set foot on the Lake Forest campus in 1951 as a student trainer for visiting North Central College's basketball team. In 1964 his wife Laura began working at the College and he started following the Foresters as a fan. The Klingbeils moved to Lake Forest in 1985 and he has seen countless contests over the years. He still relishes the fact that, in just five minutes, he can go from his house to the bleachers of a Division III sporting event.

Semester Change

In 1977 the College changed from a three-term system to two semesters, ending at the beginning of May. This made sponsoring spring sports very difficult and costly and played a role in the discontinuation of the baseball program in 1982.



Tony Fritz

Three Decades

Tony Fritz, once a top prospect for the Toronto Maple Leafs, came to Lake Forest in 1978 to coach the College's soccer and ice hockey teams. He now ranks among the top 50 hockey coaches in NCAA history (all divisions) with 334 career victories and the 2007-08 season will be his 30th behind the Forester bench. His soccer teams captured eight conference championships in his 16 years on the sideline and he is still the program's leader with 145 victories. He has coached 971 games in the two sports combined and is a 2007 Forester Athletic Hall of Fame inductee.

Radio Broadcasts

The College had a radio station as early as the 1920s and broadcasted various athletic contests in its history. Local radio stations also broadcasted Lake Forest Athletics and the College's archives include a picture of a Waukegan station broadcasting a baseball game on campus in the 1930s.

The Start of Something Good

The Forester women's basketball team was 27-43 and without a title in its first eight years in the Midwest Athletic Conference for Women. In 1991-92, however, the squad broke through with a 7-1 mark in the North Division and captured the MACW title with

a 52-47 victory over Lawrence in the championship game. Since then the team has won over 78 percent of its league contests and claimed five more conference crowns.

He's Earned It

It's not easy to get a room named after you, but the Dau Room in Halas Hall, which overlooks beautiful Farwell Field, honors someone that has been an integral part of Forester Athletics for more than 50 years. Mike Dau '58 was the MVP of the 1957 (the College's centennial) conference championship football team and is now in his 42nd year as a coach in that program, including the 24 he served as head coach. He is still the head coach of the handball team, which he started in 1968, and has led the squad to 30 national championships. The Forester Athletic Hall of Famer also spent time as the head baseball and junior varsity basketball coach and was the College's Athletic Director from 1975-92.

Career Leaders – Women's Tennis

No women's tennis player in Lake Forest history has won more than Brittany Richardson '06, whose 95 total victories and 52 doubles triumphs top their respective lists. Jackie Pieczkiewicz '03 leads the way with 50 singles wins.

Wally World

In 1952 Wally Lemm took over as head coach of the Forester football team, led the squad to a conference title, and was named the Best Small College Coach in the Nation. In 1954 he took a position at Montana State as head football coach and produced another conference champion team. After a short time as an assistant with

the Chicago Cardinals, Lemm returned to Lake Forest as Athletic Director and coach in 1957 and once again directed the football team to a conference title. He entered the professional ranks for good in 1959 and won an AFL Conference title as the head coach of the Houston Oilers.

Alumni Memorial Fieldhouse

Alumni Memorial Fieldhouse was dedicated at a basketball game in December of 1950. It was the home site of basketball games (the portable floor was installed manually), a training and instruction area for all sports, a facility that was rented out for dog, horse, car, and model train shows, and often the site for the College's annual commencement ceremony. After the construction of the Sports Center in 1968, the fieldhouse was converted into the permanent home for hockey, which had been playing outdoors.

Let's Meet at Your Place

After Augustana College claimed the first two College Conference of Illinois men's tennis championships in 1947 and 1948, the Foresters rattled off three straight and four of the next five league titles. Ironically, the only year in the five that Lake Forest did not win was when it hosted the championship tournament in 1952.

Forester 100

The Lake Forest football team celebrated the College's 100th anniversary in 1957 by claiming the College Conference of Illinois title with a 6-1 league record. The Foresters shared the championship with Wheaton College, who they defeated 20-12 on Farwell Field on October 12.

Career Leaders – Volleyball

Two-time Midwest Conference Player of the Year Sarah Frantz '01 tallied a program-best 4,348 assists and lost her record for aces to Janelle Balcerzak '07 (216) last fall. Meghan Miller '06 had a school record 2,083 career digs. Nicole Baich '08 recently surpassed the mark for career blocks and has more than 400 in her three-plus seasons. At the time this piece was produced, she was also closing in on the kills record of 1,374 set by Jenny Anderson '04.



Jenny Anderson '04

Career Leaders – Softball

Batting Avg.	.392	Chris Carlo '81
Base Hits	169	Alissa Mildebrath '05
Home Runs	23	Christy Condon '08
Runs Batted In	115	Erin Watts '07
Victories	51	Leigh Anne Furgerson '04
ERA	1.20	Nancy Findeisen '04

Homecoming Parade

The Homecoming parade was an on-again-off-again tradition at the College throughout the 20th century but has been a consistent part of the celebration since 1996. That year Mike Dau '58 and Paula Ernst Dau '58 (the 1956 Homecoming Queen) were in the parade and spoke at the annual convocation the day before. The couple dated while in school but it took until 1987 for them to reunite and get married.



Mike Dau '58 and Paula Ernst Dau '58

The Newly Renovated Farwell Field

Under the leadership of President Stephen D. Schutt, Farwell Field, home to Forester Football since 1903, was renovated prior to the 2004 season. New bleachers and a state-of-the-art press box were constructed and artificial grass was installed on the field itself. It became the permanent home of the College's soccer teams as well and the three sports have combined for a 38-17-3 record on the new Farwell Field in its first three years.

Buzzer-Beating Beginning

It was a nice effort, but the Forester women's basketball team's comeback from 17 points down at 12th-ranked Washington University appeared to have fallen just three points short. That was until a buzzer-beating heave from beyond mid-court by Nicole Rivera '07 dropped through the net on November 26, 2006. Lake Forest won in overtime, knocked off another top-20 team the next day, and went on to program-best 24-3 record on the season. The team rattled off a school record 18 straight victories late in the year, including a 64-56 triumph over Carroll in the conference championship game and a 65-61 win over Maryville University for the program's first NCAA Tournament victory.

Rule the Pool

From 1987 to 1999, Forester swimming & diving teams claimed 13 conference championships. Skip Cook and Tom Burton coached the women to eight titles (1987, 1989-91, 1995-98) and the men to five (1987, 1993, 1997-99). Fourteen of the Midwest Conference records the Foresters set during that time still stand today.

Gone, but not Forgotten

While baseball, track, golf, field hockey, wrestling, and lacrosse have all been discontinued as varsity sports at Lake Forest, alumni from all of those teams are represented in our Athletic Hall of Fame. The Foresters captured a College Conference of Illinois wrestling championship (1960), four golf titles (1947, 1952-53, 1957), and a baseball crown (1953).

National Diver and Diving Coach of the Year

Former student Kendall Swett was named National Diver of the Year after winning the three-meter competition and placing third off the 1-meter board at the 2006 NCAA Championship Meet. Maggie Rezac '08 also earned All-American honors in both events and Susan Bromberg was named National Diving Coach of the Year.

Societal Influence on Athletics

While three Forester football and two basketball seasons were cancelled due to World War II, the College was not completely void of athletics during that time. In 1943, there were four-hundred young Army men in residence on campus and playing intramural sports.

Career Leaders – Men's Basketball

The men's basketball program's all-time leading scorer is Fred Broda '68 with 1,825 career points, 11 more than Tom Lewis '61, who pulled down a school record 1,370 rebounds in his four years. Current assistant coach Lee Taylor '03 recorded 337 assists, the most in recorded history.

NCHA

The Forester men's ice hockey program joined the highly competitive Northern Collegiate Hockey Association in 1992 and the Lake Forest became a founding member of the league's women's division in 2000. The league has produced seven national champions and 10 runners-up during the Foresters' time in the conference.

Three Sports in One

While a freshman at Lake Forest College, Joe Zemaitis '02 set the 19-and-under record at the Hawaii Ironman Triathlon, completing the 2.4-mile swim, 112-mile bike, and 26.2-mile run in just nine hours and 57 minutes. Now a professional in the sport, he is also a successful coach, teacher, and author of the recently-published *Joe's Rules: How Every Parent Can Help Their Child Excel in Life – Through Sports*.

St. Norbert...Check, Grinnell...Check

The 2003 Forester women's soccer team was 7-2-0 in the Midwest Conference during the regular season and checked St. Norbert and Grinnell, the teams responsible for their two losses, off the list at the MWC Tournament. The program's first-ever trip to the NCAA Tournament followed, as did a perfect 9-0 league record and conference title in 2004. Lake Forest was 28-7-1 overall in the two years combined and T.R. Bell '96 was named MWC Coach of the Year both seasons.

Unbreakable Record

Megan Mehilos '04 was the U.S. Handball Association's Collegiate National Champion in both singles and doubles each of her four seasons and is the only player in the history of the event – male or female – to achieve that feat. In addition, she did so with a different doubles partner each year.



Megan Mehilos '04

Rivalries

When Lake Forest joined the College Conference of Illinois in 1946, an intense rivalry with Wheaton College developed. The feud replaced a similar competitive fire

between Lake Forest and Carroll College, which dated back to the 1930's. Now St. Norbert College has become the main rival for many of the Forester teams.

A Well-Designed Play

The College's Garrick Players, the oldest continuous college dramatic group in Illinois, got its start in 1904 with the play "David Garrick." The December 17, 1903 Stentor explains that the production was also a fundraiser for Lake Forest's baseball team, which needed "new suits" and a batting cage for winter practice in the gym.

Faces in the Crowd

Numerous Foresters have been featured in *Sports Illustrated's* "Faces in the Crowd." The list includes field hockey player Kitty Anthony Palmer '76; swimmer Rob Edgell '00, diver and former student Kendall Swett; and handball players Vern Roberts '76, Chris Roberts '83, Allison Roberts '91, Jennifer Roberts '91, and Meghan Mehilos '04 and coach Mike Dau '58.

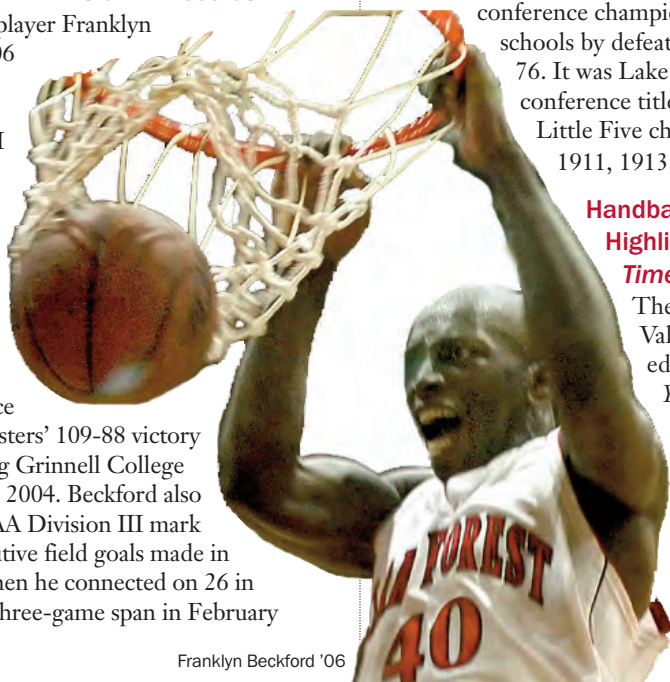
MWC

Lake Forest College joined the Midwest Collegiate Athletic Conference in 1974 and the Midwest Athletic Conference for Women in 1983. In 1994 the two leagues, which consisted of the same 12 schools, merged to form the Midwest Conference. Ten schools remain and compete for league titles in football, volleyball, baseball, and softball, as well as both men's and women's soccer, cross country, tennis, golf, basketball, swimming & diving, and indoor and outdoor track & field.

Pair of NCAA Division III Records

Basketball player Franklyn Beckford '06 tied an NCAA Division III record by connecting on each of his 18 field goal attempts during a 41-point performance in the Foresters' 109-88 victory over visiting Grinnell College on Feb. 14, 2004. Beckford also set an NCAA Division III mark for consecutive field goals made in a season when he connected on 26 in a row in a three-game span in February of 2006.

Franklyn Beckford '06



Ralph Jones Day

In 1947, the College's president declared a special "Ralph Jones" day over Homecoming to honor Ralph Jones for his dedication to athletics. In addition to his well-documented success at Lake Forest, Jones won Big 10 championships as a head coach in basketball at Purdue and basketball and baseball at the University of Illinois, Academy championships in football and basketball at Lake Forest Academy, and a league championship with the Chicago Bears. A 1941 United Press story by Henry McLemore called Jones "one of the best coaches in the country."

Halas Hall

Lake Forest College President Eugene Hotchkiss and the Chicago Bears struck a deal in 1978 for the NFL franchise, which had already been training at the College in the summers, to construct Halas Hall on South Campus to house the club's offices and training facility. It was a 20-year lease and the Bears built their own facility and left the College in 1997. After raising the funds to completely renovate Halas Hall, the Forester Athletic Department moved into the building in the summer of 2001.

Thanks Ripon

The 1977-78 Forester men's basketball team tied Ripon College for first place in the Midwest Collegiate Athletic Conference's East Division. Ripon represented the division in the league's title game due to a greater point differential and earned the conference championship for both schools by defeating Knox 103-76. It was Lake Forest's first conference title since claiming Little Five championships in 1911, 1913, and 1915.

Handball Program Highlighted by N.Y. Times

The 2007 Valentine's Day edition of the *New York Times* ran a story about Lake Forest College handball. The piece highlighted the program's ability to not



Ralph Jones

only compete with, but also defeat teams from much larger schools such as Texas A&M, Arizona, Texas, Oklahoma, Nebraska, California, Tennessee, and Missouri State.

Freeman for Three

Basketball player Kristy Freeman '05 tied the NCAA Division III record by connecting on 13 consecutive three-point field goal attempts during a three-game span in 2004-05. The streak occurred in three different gyms as she knocked down her last attempt in a home game and shot 7-for-7 at the University of Chicago and 5-for-5 at Monmouth College.

Women's Hoops, cir. 1895

Varsity women's basketball began here in the 1970s, but the first game played on campus actually occurred in 1895 when Ferry Hall and Lake Forest College's Mitchell Hall played to a scoreless tie. Men were not allowed in the building to watch and the 5 lb. box of candy from the Lambda Phi fraternity that was supposed to go to the

winner was split between the two squads.

Banned A.D.

Lake Forest Athletic Director John Breen was banned from the Wheaton College campus after he chased the visiting Crusader fans off the court with a baseball bat after their team defeated the home Foresters in 1956. While he was not allowed to attend the next season's game at Wheaton in person, the team created and brought along a large portrait of Breen so he could be there in spirit.

Good Match

Brian Monahan '03, once the public address announcer referred to as "The Voice of the Foresters" and now a field producer for Monday Night Football, took full of advantage of the College's Alumni Mentoring Program while in school. He received valuable advice from Dan Moriarty '83, who hosted the weekly hockey show "Cool Shots" on ESPN and now works for the National Hockey League.

Career Leaders - Football

Passing Yards	5,556	Don Lackey '04
Rushing Yards	3,389	John Klasen '96
Receiving Yards	2,287	Nick Hildreth '05
Tackles	367	Andy O'Hara '01
Sacks	37	Steve Pape '90
Interceptions	20	Steve Savage '82



Jackie Slaats

That Worked Out All Right

Little did Athletic Director Mike Dau '58 know in 1986 that the women's basketball and volleyball coach he was hiring right out of college would eventually be his successor. Jackie Slaats was named Athletic Director in 1992 and Forester Athletics has prospered during her tenure. Countless improvements have been made to facilities, school spirit and community relationships have evolved, average team grade point averages have risen significantly, and the Foresters have won at least one conference championship every year.

Blackstone Rangers on Campus

The political right activist group known as the Blackstone Rangers donned basketball uniforms during their trip to Lake Forest in 1967 and played against the College's intramural champions. Bob Verdi '68, later a sports columnist for the *Chicago Tribune*, was a referee for the contest.

Overtime is Our Time

The 1991 Forester men's soccer team battled Ripon College to a 1-1 tie after 90 minutes of play and then proceeded to score six times in a 30-minute overtime period to finish the visitors off 7-1. The next year the NCAA decided to change overtime to sudden victory.

Basketball and Tennis...A Championship Combination

Steve Antrim led the Forester men's basketball team to a conference championship in 1978 and then followed that up with a title in men's tennis that spring. While capturing titles in two different sports, especially those two sports, seems like a rare feat, it happened again at Lake Forest a couple of decades later. Chris Conger directed the Forester women's tennis team to a championship in the fall of 1999 and then posted a perfect 16-0 record in men's basketball that winter to claim the program's first title since Antrim won his.

The Kick is up and it's...Good

On November 2, 2002, in his final game on Farwell Field, kicker Pat Dunne '03 connected on a 50-yard field goal, the longest in team history. Dunne went on to participate in training camp with the Chicago Bears the next August.

National Champions in the Pool

Lake Forest swimmers and divers have claimed six individual national championships, beginning with a 1-meter diving title by Chris Carlo '81 in 1981. Lynn Adami '83 won both diving events (1-meter and 3-meter) the next year. Dan Tarkowski '95 captured the Foresters' only men's title in the 50-freestyle in 1994 and Jie Li '02 won the 100-backstroke in 2001. The most recent title went to alumna Kendall Swett off the 3-meter diving board in 2006 during her National Diver of the Year performance.

First National Handball Championships

Lake Forest has gained national notoriety for the exploits of its handball teams. When the program started in 1968 only men played and the Foresters claimed their first United States Handball Association national title in 1971. Ten years later, the team tied for first when the scoring format changed to include the results of both men and women. Separate men's, women's, and combined championships began being awarded in 1987 and the Lake Forest women claimed their first title in 2001.

Unbeaten on the Gridiron

Just three Lake Forest football teams have completed a season without a losing a game. The first was the 1912 team that opened the season with a scoreless tie against Northwestern University and won its other five games by a combined score of 127-17. Ralph Jones directed the 1938 team to the only perfect record (7-0) in team history. Lake Forest allowed no more than seven in any one game that season and again two years later, when a 7-7 tie at Carroll College was all that prevented another perfect campaign for Jones and Lake Forest.

The Ball Diamond

Baseball moved from Farwell to its own field behind Alumni Memorial Fieldhouse shortly after the Sports Center was constructed in 1968. The field was later shrunk after the baseball program was discontinued and is now home to Forester Softball. Three of the last six Midwest Conference Championship Tournaments have been played there.

Sweet Revenge

In a regular season match on October 25, 1997, defending Midwest Conference champion Illinois College defeated the Lake Forest volleyball team in five games. Two weeks later the Foresters knocked off the Lady Blues in four games to claim the program's first league title

The Roberts Family

Nearly every sport at the College has an example of two or three family members competing for the Foresters. However, only handball can claim seven, including a set of five siblings. Brothers Vern Roberts '76, Jack Roberts '79, and Chris Roberts '83 and sisters Allison Roberts '91 and Jennifer Roberts '91 represent the first generation and Jack's daughters Sarah Roberts '04 and Hayley Roberts '10 have kept the tradition going.

Roberts Gets Athletics Going

Many student activities got their start under William C. Roberts, the College's president from 1886 to 1892. Among those activities are the school newspaper, the Forester yearbook, and varsity athletics. The football program became a fixture in 1888 and North Gym was built in 1890.

Aloha Urlacher

After the 2002 season, Lake Forest's Casey Urlacher '03 was selected by the American Football Coaches Association to play fullback in the annual Hula Bowl with many of the best seniors in the nation. Urlacher's South team, coached by then Miami coach Larry Coker, won 27-24. Casey transferred to the College after older brother Brian was drafted by the Chicago Bears in 2000.

Casey Urlacher '03





Katie Snowden '07

Busy Day

Lake Forest hosted the 2003 Midwest Conference Cross Country Championship Meet, enabling Katie Snowden '07 to earn all-conference honors with a 10th-place finish in the 11:00 a.m. race and then lace up her skates for a hockey game beginning just three hours later.

Call in the Pros

Under new football, basketball, and baseball coach Ralph Jones, who arrived in 1933, Chicago Cubs groundskeeper Bobby Doerr was hired to set up a drainage system and help lead the improvements made to Farwell Field. Head Chicago Bears groundskeeper Kenny Mrock helped keep the field in pristine condition in the 1980s and 90s. Now the Chicago Blackhawks' Danny Ahern assists with numerous functions in the hockey rink.

Dramatic Entry

College president Ernest Johnson did not arrive at Farwell Field for the Centennial Homecoming Game in 1957 by foot, automobile, or even bicycle. Instead, Lake Forest's leader landed on the field in a helicopter. This mode of transportation was also used by Walter Payton to get here quickly for a team function in the 1980s and then Governor George Ryan for the groundbreaking of the Donnelley and Lee Library in 2002.

ACHA Champs

The American Collegiate Hockey Association existed for just two seasons, but Lake Forest claimed the title in 1987 with an 8-3-1 league record. The team competed as an independent for 25 of its 42 years and the 1987 championship is the only league title in program history.

Man in Motion

Ralph Jones, athletic director and head football, basketball, and baseball coach at the College from 1933 until 1949, is credited with introducing the innovative "man in motion" offenses to professional football (with Red Grange as his man) when he coached the Chicago Bears to their first ever football championship in 1932.

Title IX

In 1972, Title IX became law and played a large part in the advancement of women's athletics. Within 15 years, Lake Forest sponsored women's intercollegiate tennis, basketball, field hockey, swimming & diving, volleyball, soccer, and softball.

Fourth Time's a Charm

After finishing second twice and third once in its first three years of existence, the 1989 Forester women's soccer team swept its six-game Midwest Athletic Conference for Women schedule to claim the program's first league title. Lake Forest outscored conference foes 26-5 in the six games combined.

What an Honor(e)

Running back Corey Honore '98 rushed for 320 yards and a school record six touchdowns in the Foresters' 54-40 victory at Beloit College on November 2, 1996. The 94 points between the two teams is the most ever scored in a Lake Forest game.

Pioneer of Forester Women's Athletics

Harriett Morgan Jauch '40 was heavily involved in athletics all her life and returned to her alma mater in 1962 to serve as the women's athletic director and physical education instructor. She also coached field hockey, basketball, and tennis and her contributions were instrumental in the development of women's athletics at the College. She and her husband Richard Jauch '39 are the only husband-and-wife tandem in the Forester Athletic Hall of Fame.

Harriet Morgan Jauch '40



Foresters heading by train to Carroll

All Aboard!

A special train transported both the team and large contingents of fans from Lake Forest College to Carroll College, and vice versa, for the annual football game between the two intense rivals. The tradition was strong in the late 1920s and throughout the 1930s. It was canceled in the early 1940s due to student behavior which, rumor has it, may have included a few too many police exchanges. In 1931, the Waukesha police confiscated the prized pigskin and hung it up in the police captain's office after it had been painted red and black and orange with this inscription on it: "Annual Triangular Meet, Lake Forest 0—Carroll 0 — Waukesha Police 1."

First Dance

Conference tournament victories over Illinois College and Beloit gave the women's basketball team its second conference championship in 1994. The team also qualified for the NCAA Tournament for the first time in program history but was eliminated by Central College, the defending national champions.

Be a F.A.N.

The Forester Athletic Network, the College's athletics booster club, was formed in 1993 to promote school spirit, increase attendance at sporting events, and build enthusiasm for Forester Athletics. Funds raised by the organization have helped enhance many of the athletic facilities on campus. Offspring of the F.A.N. Club include the Cub Club for kids and Forester Fanatics for current students.



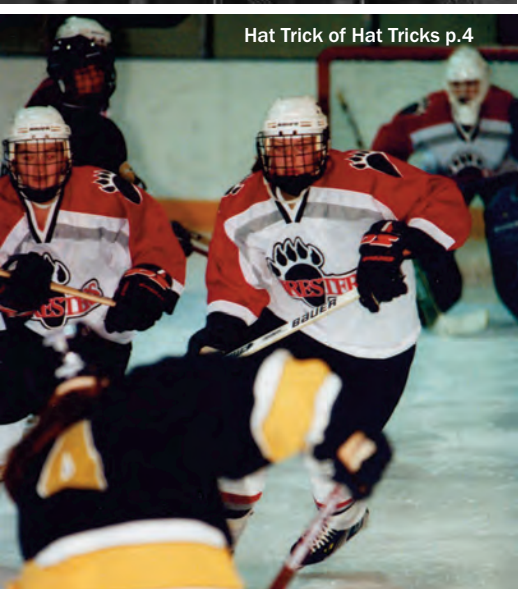
We Like The New Format p.2



All-American Tennis Player p.5



Come Hell or High Water p.4



Hat Trick of Hat Tricks p.4



What An Honor(e) p.12



Career Leaders - Women's Soccer p.2



Storybook Season p.7



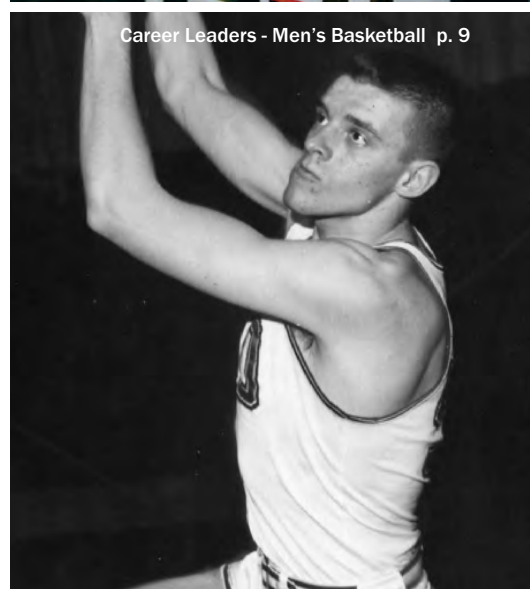
Radio Broadcasts p.8



Career Leaders - Men's Tennis p.4



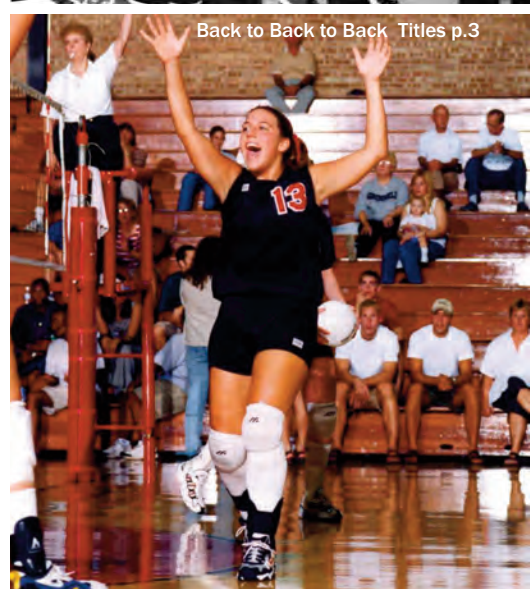
He's Earned It p.8



Career Leaders - Men's Basketball p.9



The "Father of Lake Forest Hockey" p.6



Back to Back to Back Titles p.3



Halas Hall p.10



THE TRADITION CONTINUES